

**BOARD OF HEALTH MEETING
PUBLIC WORK SESSION MEETING MINUTES
THURSDAY, JANUARY 11, 2018**

Carol Hertenstein, President of the Board of Health (BOH) called the Board of Health meeting to order at 7:30 p.m. in the second floor west wing conference room.

Carol Hertenstein led the Pledge of Allegiance.

Members in attendance: Carol Hertenstein, RN, Wendy Coffey, MSW, LCSW, Steven Clarke, DC, Donna Garbaccio, RN, Richard Morski, MD, Lynne Spreen-Raffo, RN, Michael Sparozic, R.PH., Melissa Rubenstein, Township Committee Liaison

Staff in attendance: Cindy Risseeuw, Secretary; Bergen County Department of Health (BCDOH) Staff: Michelle Delyannis, REHS

Absent: Linda Brock, RN

Reading of the Open Public Meetings Act Public Work Session statement:

Cindy Risseeuw, Secretary, read the Open Public Work Session statement: "This Regular Work Session Meeting of the Wyckoff Board of Health is now in session. In accordance with the Open Public Meetings Act, notice of this meeting appears on our Annual Schedule of meetings. A copy of said Annual Schedule has been posted on the Bulletin Board in Memorial Town Hall; a copy has been filed with the Municipal Clerk, The Record, The Ridgewood News and the North Jersey Herald and News – all newspapers having general circulation throughout the Township of Wyckoff. At least 48 hours prior to this meeting the Agenda thereof was similarly posted, filed and mailed to said newspapers. Formal action may be taken at this meeting."

Approval of December 14, 2017 Public Business Meeting and Public Work Session Minutes:

Wendy Coffey motioned and Donna Garbaccio seconded; Dr. Morski, Steve Clarke and Michael Sparozic abstained; all remaining members present voted affirmatively.

No public present.

Report of REHS:

Michelle Delyannis reviewed the REHS report and logs. There were no comments from Board members.

Report of Board Members: None.

New and Unfinished Business:

Nomination of Board of Health President and Vice President

Michael Sparozic nominated Wendy Coffey for Vice President of the Board of Health.

Motion: Steve Clarke Second: Lynne Spreen-Raffo

All members present voted affirmatively.

Michael Sparozic nominated Steve Clarke for President of the Board of Health.

Motion: Michael Sparozic Second: Dr. Morski

All members present voted affirmatively.

Oath of Office

All members present completed their Oath of Office.

Wellness Campaign – Wendy Coffey

The 20-minute fall risk program for the seniors at the Larkin House is scheduled for January 30 at 1:00 pm.

Per Wendy Coffey, past wellness events were reviewed at the last Wellness Campaign meeting. Howie Felixbrod, President of the Wyckoff Chamber of Commerce, had a great idea to conduct a scavenger hunt at the Boulder Run Shopping Center for kids and their families to encourage exercise. Ms. Coffey stated how important it is to get the backing of the township businesses. Past wellness programs did not work; many residents dropped out after first meeting. More township committee involvement is necessary for success. Melissa Rubenstein suggested announcing events on the website, Facebook, Instagram and Twitter.

Stigma Free Program

Two basketball games will be held on February 13 between Indian Hills and Ramapo High School as part of the Stigma Free initiative. During half time (8 minutes) students will recite a stigma free pledge with the goal of bringing awareness to eliminating the mental health stigma. Both games begin at 7:00 pm; one at Indian Hills High School and the second at Ramapo High School (one for girls, one for boys). The mayors from Franklin Lakes, Oakland and Wyckoff are being invited.

Per Donna Garbaccio, the high schools are trying to get a policy on administering NARCAN in the schools. Currently, the high school officials/nurses are not

permitted to administer NARCAN if needed. In the case of a drug overdose, responding police officers would bring NARCAN to the school; school officials cannot administer NARCAN.

On February 8th, the 8-hour Mental Health First Aid program is being held at Christian Healthcare Center. Carol Hertenstein stated Wyckoff Municipal Alliance grant funds are being used along with funds donated from the Battle of the Bands raised by Faith Community Church. Parental consent is required. The details are currently being worked out. This program is for both youth and adults. Approximate start time is 8:00 am.

Wyckoff Municipal Alliance

The BOH would like to see the revitalization of the Wyckoff Municipal Alliance with Bill Christopher, chairperson. The last meeting of the Wyckoff Municipal Alliance was cancelled. More involvement from township officials is encouraged for 2018.

If any BOH members are interested, the New Bridge Medical Center (formerly Bergen Regional) is conducting an opioid presentation on Jan 30 from 6-8 pm.

Rabies Clinic

On January 6, 2018, 148 dogs and 4 cats were vaccinated. The numbers were down from 2017. Thank you to Carol Hertenstein, Linda Brock, Steve Clarke, Michael Sparozic, Lynne Spreen-Raffo and Melissa Rubenstein for volunteering.

Ms. Hertenstein reminded members of the following Open Public Records Act (OPRA) Law requirements. Board members must include the following language on all memos to board members:

“The Board/Commission Secretary or Liaison shall be included in any email a Township Committee appointed Board/Commission member sends. All emails are subject to the Open Public Records Act and as such, may be requested by citizens. (This requirement is applicable to all members of the Wyckoff Planning Board, Zoning Board of Adjustment, Library Board of Trustees, Recreation and Parks Commission, Board of Health, Environmental Commission, Shade Tree Commission, Design Review Advisory Committee and any other ad-hock committee regardless if it is sent from your personal/business computer or personal/business data phone.) There should be no expectation that the content of emails exchanged with municipal officials and employees will remain private.”

Mike Sparozic motioned to close the Public session; seconded, Donna Garbaccio; all members present voting affirmatively.

The Board of Health Meeting adjourned at 8:05 p.m.